



ELEVATE[®]

an enhanced culinary experience

By creating meaningful connections through cuisine, Elevate[®] transforms the dining experience into a culinary celebration that inspires the engagement of our residents, families and friends.



Elevate[®] is an innovative program that goes beyond the traditional culinary experience by bringing a fresh, new vision to the lifestyle Integral Senior Living provides to our residents each day. Its thoughtful design serves as a vehicle to enrich the lives of our residents, families, associates and the community at large.

ELEVATE® SIGNATURE PROGRAMS

Elevate® Inspires – This program seeks to find ways to incorporate food as a vehicle to give back to the community around us. It's never too late to impact the culture and be a force for good. In conjunction with our Vibrant Life® program, Elevate® partners with local charities and engages residents with the broader community.

Chef's Academy – Through exhibition cooking, educational presentations and even resident cook-offs, this program shines a spotlight on the exceptional talent and skills of our culinary leaders throughout the company. Customized to each community and led by the Culinary Services director, this program fosters social interaction and meaningful connection between residents and staff.

Culinary Keepsakes – Beyond a theme dinner, this is an immersive dining experience. Be transported to Italy with an Italian happy hour replete with accordion music, or stay close to home with a dish featuring a local signature ingredient. Whatever the offering, Culinary Keepsakes broadens culinary horizons, brings cultural context to mealtimes and incorporates the entire community.

Traditions to Table – Incorporating time-honored traditions, residents are invited to share their signature recipes and allow the rest of the community a glimpse into their cherished culinary memories. This program allows residents to engage in creating new memories based on lifelong experiences created around the dinner table.



ELEVATE® DISTINGUISHING FEATURES

Resident-Inspired Menus – With information gleaned from monthly “Food for Thought” meetings, residents partake in the creative process by sharing cherished recipes and offering valuable feedback that inspires the development of a unique community menu.

Scratch Cooking – By focusing on freshly made selections, our Culinary Services director promotes health and wellness among our residents through a variety of appetizing daily options.

Pure Dining – Customized menu preparation is tailored to the needs of the residents we serve. By enhancing the presentation of menu selections to accommodate dexterity challenges and modified diets, Pure Dining promotes dignity and independence while providing residents the opportunity to enjoy the meals they love.

Dietitian-Approved Menus – All chef-created menus are certified by a registered dietitian to guarantee the nutritional integrity of each dish.