



BE VIBRANT. BE YOU.

Our Vibrant Life® program consists of seven core components to foster the overall well-being of our residents. In order to promote the ongoing focus of these core components, we have created the following four Signature Programs to ensure our residents experience a Vibrant Life®.

SIGNATURE PROGRAMS

PATH TO WELLNESS

is a program that encompasses all aspects of wellness with tiers of achievement to encourage participation and provide the satisfaction of personal accomplishment.

LIVIN' THE DREAM

is a program designed to take our residents' dreams and make them a reality.

THIS IS YOUR LIFE

encourages social connectivity. Individual residents are showcased throughout the year to share their life stories and personal accomplishments.

7 CORE COMPONENTS TO A VIBRANT LIFE®



BE INSPIRED



BE ADVENTUROUS



BE WELL



BE FAMILY



BE CHALLENGED



BE SOCIAL



BE CONNECTED

MISSION STATEMENT

"To optimize health and well-being by passionately promoting a Vibrant Life® filled with joyful experiences, meaningful endeavors, and abundant opportunities to connect with family, friends and the local community."



Stay engaged with your loved one through the interactive Sagely app. Experience the daily vibrant lifestyle alongside our residents with real-time smartphone alerts to participation and involvement.



Vibrant Life® Radio

This online radio station is managed exclusively for the residents of the Integral Senior Living communities. Music to enjoy 24 hours a day that is always commercial-free!



This video storytelling app allows our activity directors to create beautiful, branded videos of our residents. Then with a few taps, the videos are sent to the residents' families via text or email.



SUNNYCREST - SENIOR LIVING -

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