



Our Vibrant Life® program consists of seven core components to foster the overall well-being of our residents. In order to promote the ongoing focus of these core components, we have created the following four Signature programs to ensure our residents experience a Vibrant Life®.

PATH TO WELLNESS

is a program that encompasses all aspects of wellness with tiers of achievement to encourage participation and provide the satisfaction of personal accomplishment.

LIVIN' THE DREAM

is a program designed to take our residents' dreams and make them a reality.

THIS IS YOUR LIFE

encourages social connectivity. Individual residents are showcased throughout the year to share their life stories and personal accomplishments.

VIBRANT LIFE®

promotes the ability to give back to the local community through charitable endeavors.

7 CORE COMPONENTS TO A VIBRANT LIFE®



BE INSPIRED



BE WELL



BE CHALLENGED



BE ADVENTUROUS



BE FAMILY



BE SOCIAL



BE CONNECTED

MISSION STATEMENT

"To optimize health and well-being by passionately promoting a Vibrant Life filled with joyful experiences, meaningful endeavors, and abundant opportunities to connect with family, friends and the local community."

InTouchLink

#1 Hospitality Solution in Senior Living

Stay connected with your loved one and our community through the InTouchLink community portal. Experience the daily vibrant lifestyle alongside our residents with real-time access.



Vibrant Life Radio

This online radio station is managed exclusively for the residents of the Integral Senior Living communities. Music to enjoy 24 hours a day that is always commercial-free!



OneDay launched in 2016 with a dedicated mission to ensure that no person's story is left untold. Its video storytelling app allows our activity directors to create beautiful, branded

videos of our residents. Then with a few taps, the videos are sent to the residents' families via text or email. OneDay is helping us capture precious moments and share those with families to treasure for years.



INTEGRAL SENIOR LIVING

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